

NELMES PRE-SCHOOL – SAMPLE MENU

(Below is an example of the foods children will be served at Pre-School and this will be rotated across the days.



DRINKS AVAILABLE : WATER

	MORNING	AFTERNOON
MONDAY	Crumpets Banana Satsuma/Clementine	Breadsticks Pepper's Carrot Batons
TUESDAY	Brown Bread Toast Melon Apple	Rice Cakes Cucumber Raisins
WEDNESDAY	Fruit Bread Pears Banana	Breadsticks Carrot Batons Dried Apricots
THURSDAY	Brown Bread Toast Apple Satsuma/Clementine	Fruit Bread Melon Raisins
FRIDAY	Crumpets Banana Pear	Rice Cakes Apple Sultana's